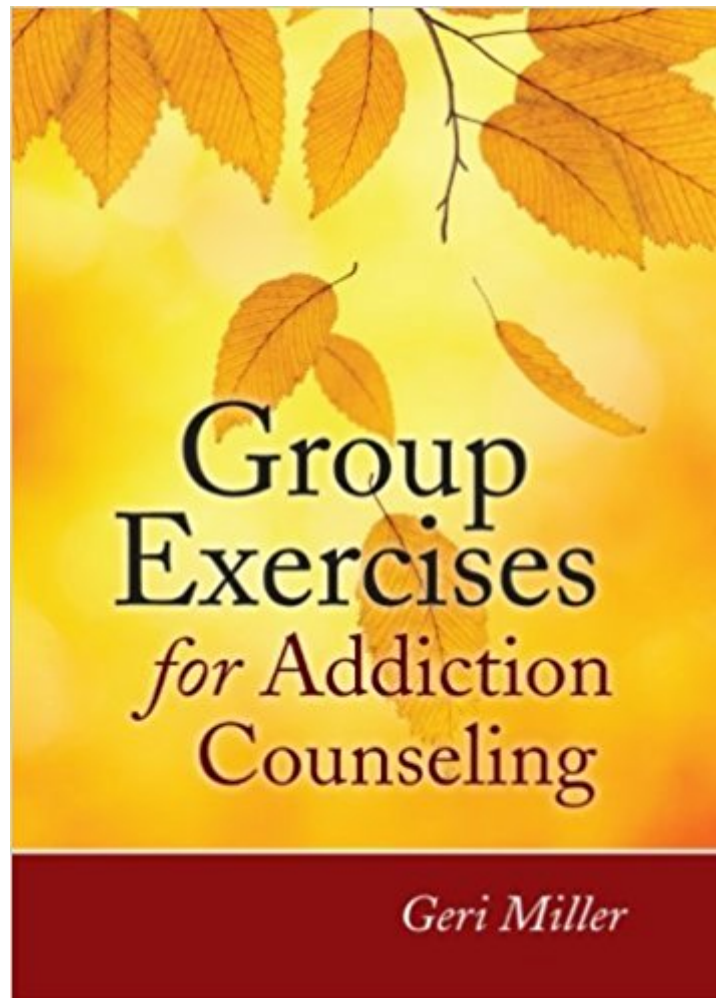




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# Group Exercises For Addiction Counseling



## Synopsis

An indispensable collection of ready-to-use, proven exercises Providing immediately useful group counseling suggestions and tips for addictions counselors, *Group Exercises for Addiction Counseling* offers powerful techniques that can be adapted to any clinical practice. Written in the author's gentle yet purposeful voice, this reader-friendly resource is filled with guidance for developing an addictions counseling group; handling Stage 2 confrontations of the leader; and building group member awareness. In addition, the author helps counselors enhance client awareness of addiction-related stressors and how to cope with those stressors. *Group Exercises for Addiction Counseling* contains valuable information on: Addiction recovery Family, relationships, and culture Feelings exploration Group community building Recovery skills Values Opening and closing each group session Fostering care, respect, and honesty in the group counseling setting, the techniques found in *Group Exercises for Addiction Counseling* allow counselors to help their clients break out of dysfunctional interaction patterns and live better lives.

## Book Information

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## Customer Reviews

Geri Miller, PhD, Diplomate in Counseling Psychology, ABPP, is a Full Professor in the Department of Human Development and Psychological Counseling at Appalachian State University. She is a Licensed Psychologist, a Licensed Professional Counselor, a Licensed Clinical Addictions Specialist, and a Substance Abuse Professional Practice Board-Certified Clinical Supervisor. She is a Disaster Mental Health Worker with the American Red Cross and has responded to local, state,

and national disasters. The author of four books, including Learning the Language of Addiction Counseling, Third Edition (Wiley), Dr. Miller was awarded the 2009 Ella Stephens Barrett Award for excellence in professional leadership, the most coveted honor bestowed by the North Carolina Counseling Association.

I have used this book a great deal with student interns and registered interns seeking licensure in social work or mental health. It is a great tool to assist beginning therapists in process groups as well as psycho-educational groups. The book is easy to read and easy to apply. I have encouraged many therapists to purchase this text and they have and not one has been disappointed. Even as a seasoned clinician, I picked up a few ideas to develop group skills and encourage discussion.

I am a big fan of this book because it has a great mix of group exercises for different kinds of treatment environments. I used this a lot when I was working in rehab and it provided great inspiration for group activities.

This book is an excellent tool to aid in running groups!! It's hard to find a good book to activities and topics; this has both! Highly recommended!

Very helpful group if you're working with groups in recovery!

Good addition to my library.

best book bought yet

Excellent book, variety of topics.

I was amazed at the vast amount of great ideas for working with additional groups. I have used several of the ideas with great success. I love this book.

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Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Master Book On Addiction: How To Overcome Drug Addiction-Alcohol Addiction-Smoking Addiction-Gambling Addiction-Internet Addiction-Overeating Breaking Bad

Habits: 11 Steps to Freedom (addiction, food addiction, sugar addiction, gambling addiction, addiction recovery, habits, breaking bad habits) Addiction and Recovery: How to Overcome Alcohol, Gambling, Drug, Sex, Food, and Technology Addictions (Addiction, Substance Abuse, Addiction and Recovery, Alcohol Addiction) Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Porn Addiction: How to Quit Porn, Porn Addiction, Step-by-Step Easy Guide to Control Your Porn Addiction, Stop Watching Porn in 7 Days! (Porn Addiction, Improve Your Relations, Live Happier Life) The Nicotine Addiction Cure - How to Avoid Triggers, Manage Withdrawal Symptoms, and Quit Nicotine & Smoking for Life (tobacco addiction, nicotine addiction, ... recovery, smoking addiction, stop smoking,) Memory Exercises: Memory Exercises Unleashed: Top 12 Memory Exercises To Remember Work And Life In 24 Hours With The Definitive Memory Exercises Guide! (memory exercises, memory, brain training) Group Exercises for Addiction Counseling Crisis Counseling (Creative Pastoral Care and Counseling) (Creative Pastoral Care & Counseling) Gambling:Overcoming Gambling Addiction- The Ultimate Blueprint To Escape Compulsive Gambling Addiction Forever! (Gambling Addiction,Gambling,Compulsive Gambling,Roulette,Gambling Systems) Opiate Addiction - How to detox from Opiates (How to Get Off Opiates): SHORT READS - Signs of opiate addiction, Symptoms of opiate use, Signs of opiate ... prescription drugs abuse, heroin addiction) My Husband's a Porn Addict: A wife's tormenting journey through her husband's addiction ((Pornography addiction, porn addiction, spouse of porn addict)) Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) Sex Addiction 101: The Workbook, 24 Proven Exercises to Guide Sex Addiction Recovery Substance Use Counseling: Theory and Practice (6th Edition) (The Merrill Counseling Series) Counseling Survivors of Sexual Abuse (AACC Counseling Library) Marriage Counseling: A Christian Approach to Counseling Couples WOMAN BATTERING (Creative Pastoral Care and Counseling) (Creative Pastoral Care & Counseling) Encyclopedia of Counseling: Master Review and Tutorial for the National Counselor Examination, State Counseling Exams, and the Counselor Preparation Comprehensive Examination (Volume 1)

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